

OVERVIEW

This catalogue features a diverse array of leadership training programs tailored to meet the evolving needs of individuals and organizations. Each program is designed to enhance essential leadership competencies and cultivate high-performing teams.

The workshops emphasise experiential learning, with 70% of the content focused on hands-on, practical activities and 30% dedicated to foundational theories.

Training

Facilitation

Coaching

Agile

Most programs are customised to meet your specific needs and involve prior consultations.

In these meetings, we will cover

- learning objectives
- pain points
- target audience profiles
- company culture
- other relevant factors for a meaningful learning experience.

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Let's talk!

SERVICE CATALOGUE



A. Leadership Topics

These topics can be tailored and integrated to align with your specific requirements.

- 1. Conflict Management
- 2. Delegation
- 3. Time Management & Prioritization
- 4. Decision Making
- 5. Stakeholder Alignment
- 6. Team Empowerment
- 7. Effective Communication Strategies
- 8. Buy-in & Resistance
- 9. Difficult Conversations for Managers
- 10. Stress Management & Resilience

B. Leadership Training Programs:

These training programs are designed to deepen understanding by integrating theory with real-world applications.

- 1. Junior Managers Leadership Programme (4 x 2h)
- 2. Coaching for Leaders (2 x 4h)

C. Support for Mentoring Programs

Equip mentors with strategies to build effective relationships and prepare mentees to maximize their internal mentoring experience.

- 1. Workshops for Mentees (2h)
- 2. Workshops for Mentors (2h)

Let's talk!



II. FACILITATION OF GROUPS OR TEAMS

- 1. Motivation & Engagement
- 2. Strength-based Team Coaching
- 3. Systemic Leadership
- 4. Team Building
- 5. Team Dynamics: High Performing Teams (Assessment Lencioni)
- 6. + Most of the above topics applied to groups/teams ↑

III. AGILE TRAINING & TEAM FACILITATION

- 1. Introduction to Agile Coaching (Scrum & Kanban)
- 2. Leading Teams through Change
- 3. OKRs
- 4. Workflow & Value-Stream-Mapping

IV. CERTIFIED TRAININGS

These extensive 16+ hour training programs are certified by <u>ICAgile</u> and <u>ICF</u>. They target leaders, teams, and coaches seeking to address leadership challenges through the lens of business agility. [Click below for more information.]

- 1. <u>Leadership for Business Agility</u> (ICP-LEA & ICF CCEs)
- 2. Organizing for Business Agility (ICP ORG ICAgile Accredited)

V. COACHING

- 1. Leadership & Executive Coaching Program
- 2. Group Coaching
- 3. 360 Assessment (LCP certified)

VI. MENTORING FOR COACHES

1. ACC, PCC & MCC · ICF Credentialing

Let's talk!

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WHO

Emerging Leaders and Team Leads \cdot Individuals stepping into leadership roles and looking to develop foundational skills.

New and Aspiring Managers • Those who are new to management or preparing to take on managerial responsibilities.

Mid to Senior-Level Leaders · Experienced leaders seeking to enhance their strategic thinking and leadership capabilities.

Senior Leaders and Executives · Top-level leaders focused on driving organizational change and fostering high performance.

HOW

We offer flexible training options to suit your needs:

- In-Person Workshops: Engaging sessions supporting team development.
- Virtual Training: Live online courses offering flexibility and accessibility.
- **Blended Learning:** A combination of in-person and online training for a comprehensive experience.

LANGUAGES

- English
- Spanish
- German

Let's talk!



LOGISTICS

Workshop Duration:

Select from 2-hour, 4-hour or 8-hour workshops, or a combination of all.

Group Sizes:

This will vary based on the specific program. Please mention your specific needs in the briefing.

Be Creative!

Tailor your training experience to fit your schedule and preferences! Here are some ideas:

Online Lunch & Learn:

Interactive sessions held from 1 PM to 2 PM.

Early Morning Talks:

Convenient sessions from 8:30 AM to 9:30 AM.

Afterwork Coaching:

Evening sessions from 6 PM to 7 PM for a relaxed, informal learning environment.

"Bonificaciones" (Spain)

You may be eligible for subsidies through FUNDAE. For more information, click <u>here</u>.

Invoicing:

50% payment required upfront, with the remaining 50% due upon completion.

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Let's talk!

Testimonies

Let's talk!

PLEASE CHECK REAL PERSON
TESTIMONIALS ON
LINKEDIN

Get In Touch For More Feedback & Experiences On Specific Trainings, Facilitation Or Coaching.



Please check our online resources where you can <u>download</u> our *Ebook Bounce Back*, available by subscription or on <u>Amazon</u>.

